



Youth who Experience the Pathways from Child Maltreatment to Delinquency

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Who are crossover youth?

Crossover youth have experienced some form of maltreatment and also engaged in delinquency.

Prevalence

Higher prevalence is reported as youth become more deeply involved in the juvenile justice system. The official delinquency rate among maltreated youth ranged from 7% who received probation supervision to 89% who were incarcerated.

Problems of crossover youth

Overall, maltreated youth are at a 47% greater risk for becoming involved in delinquency than youth from the general population. Given the multiple risks, it is not surprising that crossover youth show a range of problematic developmental outcomes including poor educational outcomes, mental health problems, substance abuse, and suicidal ideations or attempts. In Los Angeles County, approximately 56% of crossover youth had mental health problems. Also, even though the majority of crossover youth were enrolled in school, more than half of them did not attend regularly. In Arizona, 80% of crossover youth had substance abuse problems, 61% had a history of prescribed psychotropic medications, and 27%

reported suicidal ideations/attempts. During their transition to adulthood, 80% of crossover youth become involved in two or more social service systems, e.g., health care, homeless shelters, cash assistance.

Intervention for crossover youth

Crossover Youth Practice Model (CYPM) is a promising intervention for improving outcomes for maltreated youth involved in delinquency by addressing risk and protective processes across multiple ecological levels. CYPM provides a guide to promote cross-systems collaboration between child welfare and juvenile justice for early identification of crossover youth and to provide existing services earlier in a more individualized manner. An external evaluation of CYPM reported less re-offense rates among youth who received services through CYPM than those in comparison groups who received services as usual.

More Resources on CYPM:

- [Minn-LInK Brief #27: Crossover Youth Practice Model](#)
- [Learning Module: Crossover Youth in a Developmental, Ecological Framework](#)
- [Learning Module: An Outcome Evaluation of the Crossover Youth Practice Model \(CYPM\) in Oak County, Minnesota](#)

References

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