

ShowNotes
Episode 6 : **Children of Parents with Intellectual Disabilities**

Summary of Episode:

Susan Collings has met with several school-aged children of parents with intellectual disabilities. She brings forward their perspective in her research and reminds us that children feel connected to their family. Empowering families is thus supporting children.

Biography:

Dr Susan Collings has a PhD in Health Sciences and a Master of Public Health. Her applied research is focused on understanding the experiences and support needs of families impacted by complex and intersecting forms of social disadvantage. She primarily uses qualitative arts-based and co-design methods to ensure research is inclusive and collaborative. Her areas of particular interest include parenting with intellectual disability and birth family contact. She is currently undertaking research to inform clinical practice in parenting assessment with parents with intellectual disability and to create trauma-responsive practices so children in out-of-home care to remain connected to family, Kin and culture.

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References:

Articles

Collings, S., & Llewellyn, G. (2012). Children of parents with intellectual disability: Facing poor outcomes or faring okay? *Journal of Intellectual and Developmental Disability*, 37(1), 65-82. doi: 10.3109/13668250.2011.648610

Collings, S., Llewellyn, G., & Grace, R. (2017). Home and the social worlds beyond: Exploring influences in the lives of children of mothers with intellectual disability. *Child: Care, Health & Development*, 43(5), 697-708. doi:10.1111/cch.12456.

Collings, S., Grace, R., & Llewellyn, G. (2017.). The role of formal support in the lives of children of mothers with intellectual disability. *Journal of Applied Research in Intellectual Disabilities*, 30, 492-500. doi.org/10.1111/jar.12361.

Resources

Website designed by parents with IDD for parents with disabilities facing the child welfare system: <https://www.bumpyroad.org.au/about/index>

Project with employed young care leavers, birth mothers and carers. Read more here <https://rccf-fostering-connections.sydney.edu.au/resources-and-publications/>