#### ShowNotes

# Episode 25: We've Got This!

### Summary of Episode:

Eliza Hull is a musician, writer and disability advocate. She was the 8-parts-series podcast host of We've Got This and is the editor behind the book of the same title that brings forward the stories of 25 families headed by one or two parents with disabilities (Australian Edition) and xx families (US and UK edition).

### Biography:

Eliza Hull is an award-winning musician, writer and disability advocate. Her music has been described as 'stirring, captivating and heartfelt.' Her songs are featured in ABC KIDS TV show 'And Then Something Changed,' ABC 'The Heights' and American TV shows 'Awkward, 'Teen Wolf' and 'Saving Hope.' She is regularly played on radio nationally and internationally including on ABC, RN, BBC, double j and triple j. She recently performed her new song 'Running Underwater' on ABC'S Q & A and at SXSW in Austin, Texas as well as on a panel on accessibility.

Eliza is a proud disabled woman, with a physical condition 'Charcot Marie Tooth.'

Eliza Hull is also a panellist and speaker and has spoken at the Human Rights Convention 'Free and Equal', for the NDIS, DARU, Brunswick Music Festival, The Wheelchair Centre and the Changes Music Conference.

Eliza is the editor and creator of the book 'We've Got This <u>stories</u> by disabled parents' which features twenty five parents with disability. She has spoken about the book on The Today Show, The Drum, ABC News Breakfast and ABC Radio. There is an Australian Version of the book as well as a recently published UK and USA version. She also authored a children's book titled 'Come over to my house' co-written with children's author Sally Rippin. Eliza also wrote 'And then something changed' for ABC Kids TV about a child's experience with disability.

Recently Eliza was awarded the Music Victoria 'Amplify' award, the APRA mentorship for women in music and the National Leadership Award from the Australia Council and Arts Access Australia

Eliza's fifth studio record came out in 2022, which features 'Running Underwater' a song about living with a disability.

# **Titles and Contact Information:**

https://www.elizahull.com/ Instragram & Twitter: @elizahull

# References:

# **Books**

**Come over to my House**. By Eliza Hull & Sally Rippin. Illustrator Daniel Gray-Barnett. Hardie Grant Children's Publishing.

We've Got This - Stories by Disabled Parents (Australia). Curated by Eliza Hull. Black Inc.

We've Got This (International). Edited by Eliza Hull. Scribe Publishing.

# Resources

We've Got This: Parenting with a Disability is a new series produced by Eliza Hull. Eliza has a neurological condition 'Charcot Marie Tooth', and she's the ABC's 2018 Regional Storyteller Scholarship recipient. When Eliza was pregnant with her daughter, she felt unrepresented in every one of the countless parenting books. Discouraged, she was prompted to develop a project sharing the stories of parents with disabilities in a way that could accurately represent each family's life. The series explores the complexities that parenting with a disability brings, whilst also challenging the stigmas and stereotypes.

https://www.abc.net.au/radionational/programs/lifematters/features/weve-got-this-parenting-with-a-di